

Free Solo Processing

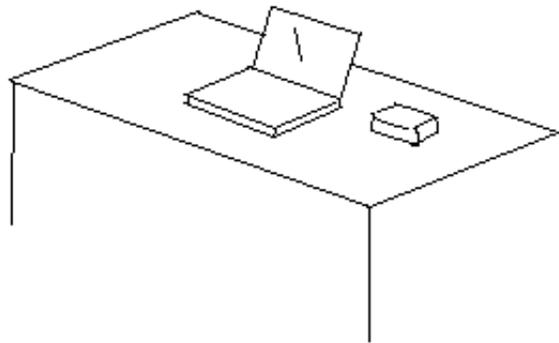
I will probably put more stuff here later.
 As more solo is done
 more effective and far more simple tech may appear.
 Basically it is up to you to create workable OT tech.
 You created the endless mess so you correct it :-)

OT: Operating Thetan. A being who doesn't need a physical body in order to do things. Your old state of OT was lost because of all the stupid things you and everybody else created and did since time beginning. And the group agreement won't allow it to be gone and forgotten, and also not allowed to be remembered.

You can easily do solo processing at home alone, on your own. At no cost at all. All you need is an e-meter, or even better a c-meter (cmeter.org, seems not to exist any more), and the will to as-is what is. Just look at what is, yours and others, theta perception (telepathy), and do more of what gives TA-action. What truly is, may be very different from what you think or believe is.

As-isness: Seeing or feeling something as it really is, at which time it will cease to be created by the being or beings (thetans) creating it. It is so simple that there is nothing to it.

Soloing for example 4D (Mankind) or 6D (Physical Universe) is just a matter of awareness of a lot more beings and their as-isness of their agreements and their active creating in now. Affinity is a universal solvent. Divine affinity.



Laptop computer, c-meter, serial to USB connector, fingertip electrodes.
 Needle moving 360 degrees and more, no adjustments.

Soloing entities is a good entrance point (OT3 and OT7). Very shortly it is finding a pressure area (or whatever) in or around your body (or wherever, as you get experienced), which in theory should be a thetan (a spirit, a being) in a low state of being and not in control of your physical body. Focus your attention on him and ask him "What are you?" and receive an answer (telepathically), then ask him "Who are you?" and he usually cognites he is himself, and his case blows (erases, as he ceases creating it). Often but not always. This process has its limits.

Rising Needle Tech may be used: Rising Needle (rising Ohms value) means non-confront (in what you are focusing your attention on). Just let the needle rise, and the space of that thetan (or those thetans) will expand, until as-isness. If something won't as-is, it may be because there are a huge number of thetans involved (hundreds, millions, or trillions). Just be aware of that, and those who are ready will as-is their situation. Your meter will help you to get it right.

Everything that is, is being created by one or more beings. So there is probably no limit to how far you can go by following these simple principles. Just feel what is being created, fully allow these beings (and you) to create what they (and you) are creating, to as-isness. Bigger things you may have to focus on for a long time, before it will begin to as-is. Your meter will assist you. Every time you get a Fall on the meter needle or TA something as-is. High meter-sensitivity may be necessary in the more stuck areas.

For an OT3 or above solo should be no problem. For others the Internet is full of materials. Use for example Google to search for "Excalibur Revisited" (By Geoffrey C. Filbert), "Clearbirds", "Entity Handling", "Advanced Level 5", "Monitor handling". To get some basic data. And then only use what you yourself find useful. Following your own knowingness and interest may give you a 100 times more gains than doing the route of someone else (including Scientology). If you can make it work. Some can, some can't. You may also find inspiration in Rons Org materials ("OT8" to "OT40") at www.archive.org. In the Wayback Machine write: <http://www.ronsorgusa.org/index.php?page=cbrindex>. You may have to go back to about February 2005. It is about 4000 pages if you would print it all. I wouldn't believe in everything it says.

There is no need for writing down everything you do. But you can write a one line with: Date, TA-position, start time, Comments, end time, TA-sum, TA-position, time soloed, TA per hour, EOS (end of session). And maybe have an extra sheet of paper to make short notes of things you find important. Normal TA-motion (downwards) per hour is 3 to 10. Sometimes you may get 0.0 and up to 60. Session length can be anything from 10 minutes to 1 hour. Or 1 minute to 2 or 4 hours if you want. Don't push it too hard. Don't worry about TA-position and F/Ns.

If you feel you don't want to solo, then it may just be pressures from some beings. They press on you and them. Just as-is it. I have never had any need for repair sessions nor repair lists.

To get closer to OT you may have to face severe solid pain and force. Under normal conditions you only feel the pain when your physical body is injured and the pain is then triggered automatically. But the pain is potentially always there. Your telepathic contact with everything and everybody, and all their painful wars and conflicts since beginning of time. Quite easy to erase if you can cease the mutual counterforces of all these beings, so single beings in it can as-is the pains etc. freely. Your TA may go higher than 6.0 in this stuff. Don't worry. It erases easily if you can have it relaxedly and not resisting it. And if you can convince all the beings in it that it is not deadly to contact it. If you intend to reach OT, then the apparency of Hell is in front of you. Smile. If the pain gets stronger than you can possibly tolerate, then end your solo fast, and have a new try next day. It may be safest to be OT3 or OT7 before you try this. Discharging 7 trillion thetans, or whatever, at the same time, requires a bit of your divine serenity. The solidity of the Physical Universe has its reasons. Don't waste time with

getting F/Ns and normal TA range at session start and end. Drop the rituals. Just solo. High or low TA means you are in good contact. F/Ns means you are not in contact.

A problem consists of force and counter force, or intention. If you can neutralize one of them (just consider it done), the other will flow out unhindered and cease. One being, or trillions at the same time. If some pain won't erase then see that there are more beings involved than you thought, and it will erase. If not, then there may be more pains in it than you and they can tolerate. Just consider it tolerable and allow the pain. And as things erase be aware of new things coming in and adjust to them to keep erasure going on. No need to run incidents, implants, GPMs, etc. It all erases automatically as a byproduct. It seems.

All Reality is basically created illusion, so experiences never really happened. So don't solo things that never happened. Joking.

If the needle seems stuck, then increase sensitivity to see needle motion. A stuck needle and no results can in itself invalidate the other beings trust in you, so you get even less or no results. Results give more results.

If you prefer to join some group that promise you OT, then first check it against "100 signs of a cult" on Google. So you avoid being trapped for 10, 20, or 30 years before you cognite.

Almost daily solo is probably the safest, as disturbing this stuff without erasing it, may be bad for your health. Too many died by using Scn Standard Tech. Use your intuition.

The barrier to Full OT is probably, that this stuff is so unpleasant that it is heavily suppressed by so many. But the moment you get the feeling of how to un-suppress it in large groups, then it erases fairly easy. Just a shame there is so much of it.

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